



# REGULAR MENU

(FOR CHILDREN OVER AGE ONE)

**APRIL 2012**

USDA CHILD CARE FOOD PROGRAM - Sponsored by: COORDINATED CHILD CARE OF PINELLAS, INC.  
Due in the office by the 5th day of the following month.

I CERTIFY THAT MEAL PATTERNS HAVE BEEN MET:

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

CCFP Provider ID

Fruit juice may only be served once a day. Fresh, frozen or canned vegetables and/or fruits must be served at least twice a week at breakfast and at least twice a week at snack.

**REFER TO CHILD CARE FOOD PROGRAM MEAL PATTERN FOR MEAL REQUIREMENTS AND AMOUNTS.**

Food:	Monday 4/2	Tuesday 4/3	Wednesday 4/4	Thursday 4/5	Friday 4/6	Monday 4/9	Tuesday 4/10	Wednesday 4/11	Thursday 4/12	Friday 4/13	Monday 4/16
<b>B</b> <b>Brd/Alt/Cer</b>	Oatmeal 47	Waffle 37	Wheat Toast 83	Cold Cereal 42	Pancakes 24	Grits 46	Biscuit 02	Cold Cereal 42	Oatmeal 47	French Toast 17	Muffin 121
<b>F</b> <b>Ju/Fr/Veg</b>	Peaches 28	Applesauce 02	Fruit Cocktail 15	Banana 04	Oranges 26	Peaches 28	Mand. Oranges 23	Banana 04	Fruit Salad 16	Applesauce 02	100% Juice 50
<b>Milk</b>	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8
<b>L</b> <b>Meat/Alt</b>	Amer Cheese 85	Gr. Beef 03	Chicken 25	Egg 135	Baked Ham 51	Cheese 86	Fish Filet 42	Turkey 71	Salisbury Steak 17	Chicken 25	Steak 18
<b>U</b> <b>Bread/Alt</b>	Wheat Toast 83	Spaghetti 78	Spanish Rice 102	Wheat Toast 83	Cornbread 06	Mac & Cheese 73	Rice 103	Wheat Bread 83	Biscuit 02	Cornbread 06	Noodles 71
<b>D</b> <b>Fruit or Veg</b>	Veg. Soup 260	Gr Beans 172	Mixed Veg. 177	Tomato 250	Carrots 163	Mixed Veg. 177	Peas 185	Veg Soup 260	Potatoes 238	Bk Beans 213	Broccoli 158
<b>I</b> <b>Fruit or Veg</b>	Apple Slices 01	Peaches 28	Oranges 26	Hash Browns 232	Pears 30	Apple Slices 01	Cantaloupe 08	Apple Slices 01	Peas 185	Peaches 28	Fruit Cocktail 15
<b>N</b> <b>Milk</b>	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8
<b>S</b> <b>Meat/Alt</b>				String Cheese 107	Yogurt 150	Boiled Egg 135		Yogurt 150		Cheese 85	
<b>N</b> <b>Brd/Alt/Cer</b>	Crackers 07	Pretzel 28	Cereal Bar 57		Crackers 07	Wheat Toast 83	Crackers 07		Cookie 61	Wheat Toast 83	Crackers 07
<b>K</b> <b>Ju/Fr/Veg</b>	Apple Juice 50	100% Juice 57	Banana 04	Applesauce 02			Fruit Salad 16	Pears 30			Peaches 28
<b>Milk</b>									Milk 8		

*Menu must always reflect what is actually being served. Please write your food substitutions here.*

Food:	Tuesday 4/17	Wednesday 4/18	Thursday 4/19	Friday 4/20	Monday 4/23	Tuesday 4/24	Wednesday 4/25	Thursday 4/26	Friday 4/27	Monday 4/30
<b>B</b> <b>Brd/Alt/Cer</b>	Cold Cereal 42	Pancakes 24	Cream/Wheat 44	Waffle 37	Wheat Toast 83	Grits 46	Cold Cereal 42	Oatmeal 47	Pancake 24	Wheat Toast 83
<b>F</b> <b>Ju/Fr/Veg</b>	Pears 30	100% Juice 50	Mand. Oranges 23	Applesauce 02	Oranges 26	Peaches 28	Banana 04	Cantaloupe 08	Fruit Cocktail 15	Applesauce 02
<b>Milk</b>	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8
<b>L</b> <b>Meat/Alt</b>	Black Beans 117	Ground Beef 03	Fish Filet 42	Chicken 25	Ex. Cheese 101	Salisbury Steak 17	Chicken 25	Turkey 73	Ham 51	Beef Sausage 10
<b>U</b> <b>Bread/Alt</b>	Span Rice 102	Hamburger Bun 18	Mac & Cheese 73	Rice 103	Pizza Crust 51	Roll 31	Stuffing 35	Cornbread 06	Mac & Cheese 73	Span Rice 102
<b>D</b> <b>Fruit or Veg</b>	Collards 167	Tator Tots 242	Green Beans 172	Broccoli 158	Mixed Veg 177	Corn 168	Carrots 163	Sweet Pot. 241	Gr. Beans 172	Mixed Veg. 177
<b>I</b> <b>Fruit or Veg</b>	Orange 26	Apple Slices 01	Fruit Salad 16	Pineapple 31	Fruit Salad 16	Banana 04	Pears 30	Collards 167	Pineapple 31	Peaches 28
<b>N</b> <b>Milk</b>	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8	Milk 8
<b>S</b> <b>Meat/Alt</b>	String Cheese 107		Yogurt 150				Cheese 85		Yogurt 150	
<b>N</b> <b>Brd/Alt/Cer</b>		Cracker 07		Cookie 61	Crackers 07	Muffin 121	Wheat Toast 83	Cereal Bar 57		Crackers 07
<b>K</b> <b>Ju/Fr/Veg</b>	Apple Slices 01	Jello w/Fruit 21	Banana 04	Apple Juice 50	Peaches 28				Apple Slices 01	Pears 30
<b>Milk</b>						Milk 8		Milk 8		