



REGULAR MENU

(FOR CHILDREN OVER AGE ONE)

AUGUST 2010

USDA CHILD CARE FOOD PROGRAM - Sponsored by: COORDINATED CHILD CARE OF PINELLAS, INC.

Due in the office by the 5th day of the following month.

I CERTIFY THAT MEAL PATTERNS HAVE BEEN MET:

Print Name _____

Signature _____

CCFP Provider ID _____

Fruit juice may only be served once a day. Fresh, frozen or canned vegetables and/or fruits must be served at least twice a week at breakfast and at least twice a week at snack.

REFER TO CHILD CARE FOOD PROGRAM MEAL PATTERN FOR MEAL REQUIREMENTS AND AMOUNTS.

Food:	Monday 8/2	Tuesday 8/3	Wednesday 8/4	Thursday 8/5	Friday 8/6	Monday 8/9	Tuesday 8/10	Wednesday 8/11	Thursday 8/12	Friday 8/13	Monday 8/16
B Brd/Alt/Cer	Cold Cereal 42	Eng. Muffin 13	Fr. Toast 17	Cr./Wheat 044	Biscuit 02	Croissant 010	Waffle 37	Grits 46	Oatmeal 047	Muffins 121	Bagel 001
R Ju/Fr/Veg	Banana 04	Cantaloupe 08	Strawberry 038	Orange Juice 61	Fruit Salad 16	Honeydew 020	Pears 30	Cantaloupe 08	Peaches 28	Applesauce 02	Apricots 003
Milk	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7
L Meat/Alt	Ham 51	Salis Steak 17	Chicken 25	Fish Filet 42	Turkey 65	Ex.Cheese 101	Beef Ground 03	Tuna Salad 46	Pot Roast 15	Spare Ribs 061	Chicken 25
U/ Bread/Alt	Cornbread 006	Rice 103	Spanish Rice 102	Hush Pupp 021	Dressing 035	Pizza Crust 51	Pasta 75	Croissants 010	Rice 103	Mac & Cheese 73	Rolls 031
D Fruit or Veg	Cabbage 162	Squash 206	Coll/ Greens 167	French Fries 231	Green Beans 172	Salad 208	Peas 185	Tater Tots 242	Broccoli 157	Peas	Corn 168
I Fruit or Veg	M. Potatoe 234	Nectarines 025	Watermelon*41	Coleslaw 166	Papaya 027	Grapes 018	Carrots 163	Pineapple 31	Oranges 026	Watermelon 041	Baked Beans 213
N Milk	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7
S Meat/Alt	Yogurt 150						Chreese 087	Yogurt 150			
N Brd/Alt/Cer		Apples 001	Brd Pudding 085	Crackers 007	Cookies 061	Carrot Bread 118	Crackers 007	Pretzels 028	Crackers 07	Brd. Pudding 085	Corn Chips 111
K Ju/Fr/Veg	Peaches 028			Grape Juice 057	Bananas 004				Banana 004		Salsa 246
Milk		Milk 7	Milk 7			Milk 7				Milk 7	

Menu must always reflect what is actually being served. Please write your food substitutions here.

Food:	Tuesday 8/17	Wednesday 8/18	Thursday 8/19	Friday 8/20	Monday 8/23	Tuesday 8/24	Wednesday 8/25	Thursday 8/26	Friday 8/27	Monday 8/30	Monday 8/31
B Brd/Alt/Cer	Pancakes 24	Grits 046	Cold Cereal 042	English Muf 013	Raisin Brd 123	Biscuits 002	Muffin 121	Cr./Wheat 044	Waffles 037	Danish	Cold Cereal 042
R Ju/Fr/Veg	Peaches 28	Orange 026	Banana 004	Cantaloupe 30	Applesauce 002	Orange 023	Fruit Salad 016	Mango 024	Applesauce 002	Fruit Cup	Bananas 004
Milk	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7
L Meat/Alt	Turkey 065	Gr. Beef 003	Pork Chop 053	Chicken 25	Cubed/Steak 014	Ex.Cheese 101	Tuna 046	Gr. Turkey 067	Chicken 025	Chicken 025	Ham 051
U/ Bread/Alt	Egg Noodles 071	Bun 018	Rice 103	Flat Bread	Sp. Rice 102	Pizza Crust 51	WW Bread 083	Pasta 072	Dumplings 011	Tortillas 108	Cornbread 006
D Fruit or Veg	Spinach 205	French Fries 231	Carrots 163	M. Potatoe 234	Broccoli 158	Toss Salad 208	Tater Tots 242	Pea/Carrot 186	Spinach 205	Gr. Peppers 187	Swt. Potatoe 241
I Fruit or Veg	Jello W Fruit 021	Fruit Cocktail 015	Strawberry 038	Mixed Veg 177	Peaches 28	Cherries 010	Apples 001	Pears 030	Nectarines 025	Onions 183	Greens 167
N Milk	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7
S Meat/Alt			Cheese 85		Yogurt 150					Yogurt 150	
N Brd/Alt/Cer	Crackers 007	Corn Chips 111	Wheat Bread 083	Donut 062		Sweet Roll 066	Pretzels 028	Crackers 007			
K Ju/Fr/Veg		Watermelon*41			Pineapple 031		Apples 001	Banana 04	Apples Bread 115	Strawberries 038	Tropical Fruit 075
Milk	Milk 7			Milk 7		Milk 7			Milk 7		Milk 7