



REGULAR MENU

(FOR CHILDREN OVER AGE ONE)

JUNE 2010

USDA CHILD CARE FOOD PROGRAM - Sponsored by: COORDINATED CHILD CARE OF PINELLAS, INC

Due in the office by the 5th day of the following month.

I CERTIFY THAT MEAL PATTERNS HAVE BEEN MET:

Print Name _____

Signature _____

CCFP Provider ID

REFER TO CHILD CARE FOOD PROGRAM MEAL PATTERN FOR MEAL REQUIREMENTS AND AMOUNTS.

Food:	Tuesday 6/1	Wed. 6/2	Thursday 6/3	Friday 6/4	Monday 6/7	Tuesday 6/8	Wed. 6/9	Thursday 6/10	Friday 6/11	Monday 6/14	Tuesday 6/15
B Brd/Alt/Cer	Cold Cereal 42	Corn Bread 06	Fr. Toast 17	Oatmeal 47	Biscuit/Jelly 02	Grits 46	Pancake 24	Bagel 01	Cold Cereal 42	Muffin 121	Waffle 37
R Ju/Fr/Veg	Banana 04	Strawberries 38	Peaches 28	Pears 30	Fruit Salad 16	Orange 26	Apple Sauce 02	Cantaloupe 08	Peaches 28	Pineapple 31	Banana 04
Milk	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7
L Meat/Alt	Chicken 25	Fish 42	Steak 18	Turkey 65	Beef Ground 03	Ex. Cheese 101	Chicken 25	Ham 51	Sausage 10	Bf Meat Balls 07	Fish 42
U Bread/Alt	Wheat Bread 83	Mac & Cheese 73	Roll 31	Corn Bread 06	Noodles/pasta 75	Pizza Crust 51	Wheat Bread 83	Spanish Rice 102	Roll 31	Noodles/Pasta 75	Hush Puppies 21
D Fruit or Veg	Pot. Salad 235	Mixed Veg. 177	Gr. Beans 172	Carrots 163	Peas 185	Tosses Salad 208	Tator Tots 242	Gr. Beans 172	Fr. Fries 231	Lettuce 176	Baked Beans 213
I Fruit or Veg	Bk. Beans 213	Peaches 28	Potatoes 238	Apple Sauce 02	Pineapple 31	Corn 168	Apples 01	Fruit Cocktail 15	Bell Peppers 187	Mangoes 24	Cole Slaw 166
N Milk	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7
S Meat/Alt	Yogurt 150			Cheese 85					Cheese 85	Boiled Egg 135	
N Brd/Alt/Cer		Cookie 61	CornChips 111	Cracker 07	Pretzels 28		Cracker 07	Cookie 61	Wheat Toast 84	Crackers 07	Corn Chips 111
K Ju/Fr/Veg	Carrots 163		Apple Juice 50		Peaches 28	Banana 04	Mand Oranges 23	Applesauce 02			Apple Juice 50
Milk		Milk 7				Milk 7					

Menu must always reflect what is actually being served. Please write your food substitutions here.

Food:	Wed. 6/16	Thursday 6/17	Friday 6/18	Monday 6/21	Tuesday 6/22	Wed. 6/23	Thursday 6/24	Friday 6/25	Monday 6/28	Tuesday 6/29	Wed. 6/30
B Brd/Alt/Cer	Eng Muffin 13	Grits 46	Wheat Bread 83	Waffle 37	Oatmeal 47	Eng Muffin 13	Cold Cereal 42	Pancake 24	Biscuit 02	Grits 46	Bagel 01
R Ju/Fr/Veg	Strawberries 38	Pineapple 31	Fruit Salad 16	Apple Sauce 02	Orange Juice 61	Cantaloupe 08	Peaches 28	Pears 30	Apples 01	Fruit Cocktail 15	Banana 04
Milk	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7
L Meat/Alt	Beef Ground 03	Ham 51	Beef Ground 03	Chicken 25	Fish 42	Cheese 85	Stew Meat 20	Quiche 136	Sausage 60	Chicken 25	Ham Slices 51
U Bread/Alt	Ham Bun 18	Cornbread 06	CornChips 111	Brown Rice 100	Mac & Cheese 73	Wheat Bread 83	Biscuit 02	Wheat Toast 83	Roll 31	Noodles 75	Wheat Bread 83
D Fruit or Veg	Corn 168	Potatoes 238	Corn 168	Spinach 205	Peas 185	Apples 01	Mash Pot. 234	Hash Browns 232	Corn 168	Broccoli 158	Lettuce 176
I Fruit or Veg	Watermelon* 41	Gr. Beans 172	Salad 208	Pineapple 31	Nectarine 25	Carrots 163	Peas 185	Mixed Veggies 177	Pears 30	Apple Sauce 02	Peaches 28
N Milk	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7	Milk 7
S Meat/Alt	Yogurt 150					Boiled Egg 135	Cottage Ch 100		Yogurt 150		
N Brd/Alt/Cer		Cracker 07	Muffin 121	Cookie 61	Cracker 07	Wheat Toast 83			Br. Sticks 04	Cookie 61	Cracker 07
K Ju/Fr/Veg	Banana 04	Peaches 28		Grape Juice 57	Apple 01		Cantaloupe 08	Jello W/Fruit 21			Fruit Salad 16
Milk			Milk 7					Milk 7		Milk 7	